



ATHLETES & PRESCRIBING PHYSICIANS PLEASE READ

USADA can grant a Therapeutic Use Exemption (TUE) in compliance with the World Anti-Doping Agency International Standard for TUEs. The TUE application process is thorough and designed to balance the need to provide athletes access to critical medication while protecting the rights of clean athletes to compete on a level playing field.

Included in this document is a checklist of items necessary for a complete TUE Application. (Please be aware that the TUE Committee may ask for additional information while evaluating TUE Applications). It is important that the TUE Application include all the documentation outlined in the checklist below. Please reference the included guidelines for details related to types of diagnoses, specific laboratory tests, and more.

TUE APPLICATION CHECKLIST – INFLAMMATORY BOWEL DISEASE (IBD)

- Complete and legible TUE Application form
- Copies of all relevant examinations and clinical notes from the original diagnosis through present
 - The athlete should be evaluated by a specialist (gastroenterologist)
- Copies of all laboratory results/reports related to the diagnosis
 - IBD is usually confirmed by a combination of clinical, histological, radiological and biochemical markers. The diagnosis should not exclusively rely on radiological imaging.
 1. Crohn's Disease – direct visualization of entire gastrointestinal tract (gastroscopy, enteroscopy, colonoscopy)
 2. Ulcerative Colitis – colonoscopy is sufficient
- A statement from the physician explaining why the Prohibited Substance is needed
 - Please explain why permitted alternative treatments were not effective or not appropriate/indicated for treatment

U.S. ANTI-DOPING AGENCY